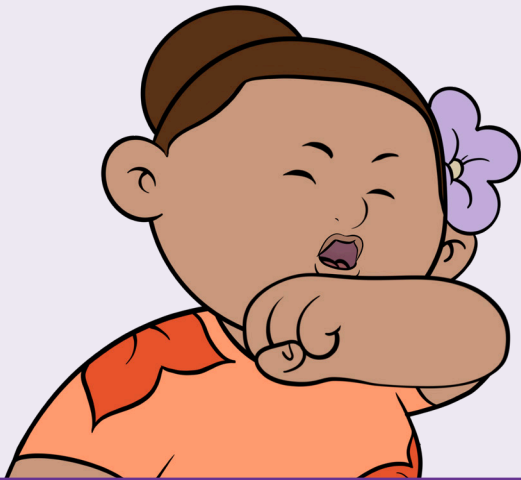


NI A TE TATAU KE KE ILOA KAFAI KOE E MAUA I TE OMICRON



PREPARE
PACIFIC

ĀUGA AHO 1-3

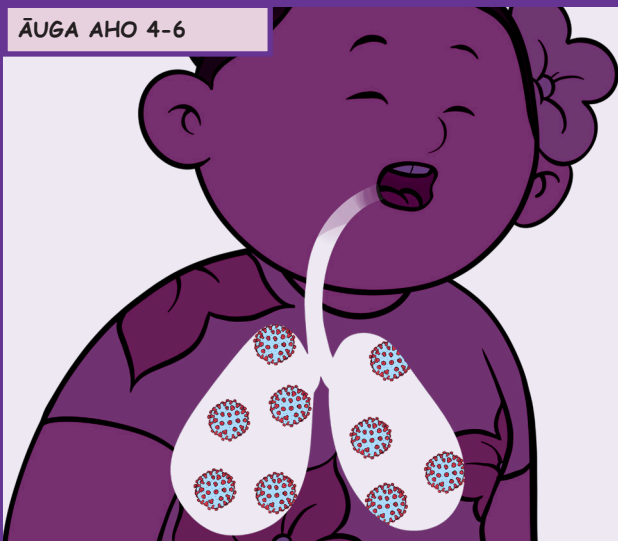


E lahi na kehekehega o na Āuga i na aho muamua e tolu. E mafai ke kamata i te kakala o te kōkī, tale, fiva pe tigā te ulu. E mafai foki ke lagona e koe te hela pe ko to fatafata e mamafa.



E ono lagona e koe te vaivai ma/pe kua he manogi he mea e kai ma kua he ke hogitia ni mea. E mafai ke maua e koe ienei āuga pe hēai foki. E tuha pe kua tau hēai ni āuga o te KOVITI-19 iā te koe, ia koe na he fano vili, koloni, hikihiki mea mamafa pe auai ki ni fakamalohi tino mamafa heiloga ko koe kua fakataga e te kaufaigaluega a te ola malōlo e taukikila koe.

ĀUGA AHO 4-6



Ko na aho ienei e tāua ke kē iloa na āuga kua maua e koe. Ka kamata ai ona fakaluaina te he lelei o to māmā (mānava), kae maihe ai kafai e iei ni ietahi tauale e vēia ko te toto maualuga, hōna fuaefa pe ko te huka.



Atonu e kamata ona ke lagona te ivā ma te gagahe, makalili, tale ma kua hē mafai ke maua he logotonu. Ko ietahi tino talavou e mafai ke tutupu ni o latou kili mageho, e aofia ai na kili mageho e tali ve he mūmū, fufula pe iei ni fulafula i na muamua vae pe ko na muamua lima.

Fakafehokotaki mai tenei numela mo ni ietahi fakamatalaga
Pacific Covid Vaccination Helpline on 0800 21 12 21