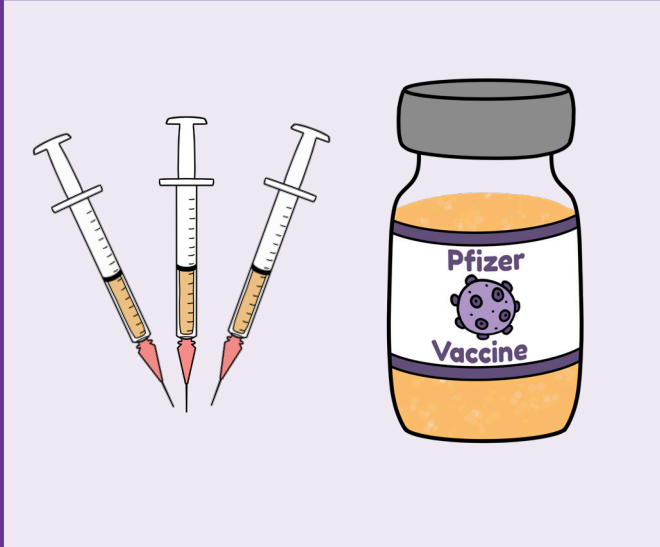


TE AU APINGA TAAU KA TAPAPA ATU ME TU'IA KOE E TE OMICRON

UPDATED 16 MARCH 2022 4:00PM



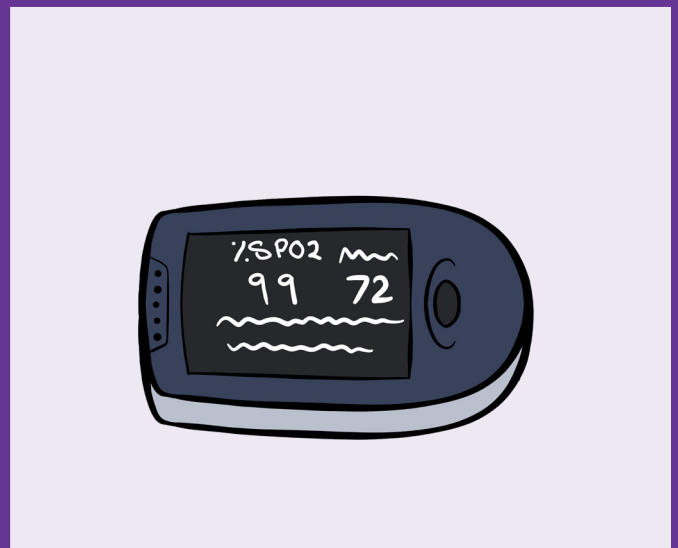
Ko te au tangata kua oti i te patia ki nga patia e toru, kare e pakari te maki i runga ia ratou me to ia e te maki. Nga mea ra ua, kua ngaro te maki, e ko tetai au tangata kare e kite te akairo i runga ia ratou.



Kia rava te akangaroi, ma te inu maata i te vai. Me veravera e te manga tu kaui, ka meitaki ua i te kai i te paracetamol ma te kai'anga tei akataka'ia i runga i te aao o te ua. I teia tuatau, kai ua atu rai i te au ua taau i matau i te kai.



Me kite ia mai te Covid i roto i toou test, ka anoano'ia koe kia akatakake atu ia koe ki roto rai i toou ngutuare no tetai 7 ra. Ko te taime ua ka akatika ia koe i te akaruke atu i toou ngutuare koia me aere atu koe no toou test me kore ara me ka anoano tauturu rapurapu koe no te maki. Me ka aere atu tetai tangata ki toou kainga no te kave kai, e mea puapinga auraka koe e pakia atu ki runga ia ratou.



Akamata atu i tetai akapapa'anga no toou turanga oraanga meitaki i teia tuatau. Tuku atu i te vaito o toou ao ora, e te pate pukuatu ki roto i teia akapapa'anga me e pulse oximeter oki toou.

Me kare koe e meitaki ana, ngata i te akaea, ringi viviki atu i te numero 111 no te ambulance. Kare e tutaki te ambulance.

Me ka inangaro koe i tetai au akamaramarama'anga ke atu ringi:
I te Taniuniu Tauturu Pacific Covid Vaccination i runga i te numero 0800 21 12 21